

FOLÍAS, SEGUIDILLAS, AND SALTINAS

(Canary Islands)

These three dances are done one following the other (without a break in the music) by the Rondalla Hesperides, a folk group of dancers and musicians from La Laguna de Tenerife in the Canary Islands. The following pattern is for a circle of cpls. It is also danced in squares formed by two cpls. The basic step is simple; folías are danced slowly and elegantly. Arms are up, elbows bent at shoulder level with fingers ready to snap.

It is believed that folías were originally Portuguese. Today, they are the most representative of Canary dances.

The séguidillas come from the Peninsula, the province of Castilla. In the Canaries, the melody is sweeter and cadencious. Both these and the saltinas are progressive dances.

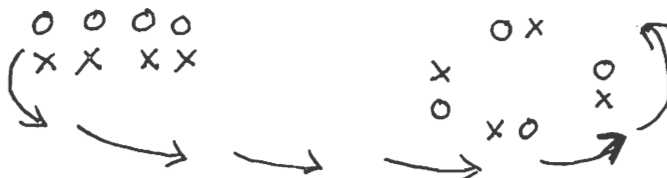
Music: Mendocino 102-68

Formation: :With W on his R, M line up close to musicians. First bars are used to walk in to form circle, M placing W on his L. Directions are written for the Men; Women follow in the opp direction. The leader (one of the dancers) signals by head movements.

Style: Good upright carriage which gives elegance to the slow dance. Dancers are carefree and gay and often sing the popular melodies within the dance.

Patterns: Folías

Introduction: Dancers enter and space (6 meas). M places W on his L a little distance away. All face ctr of circle.



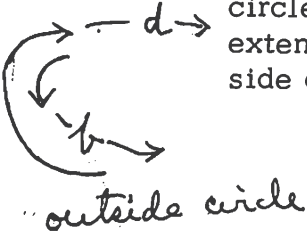
a) Step L, turning 1/2 way to face out looking over R shoulder to ptr who has done same in opp direction, step R, point L (1-2-3).

b) Step L together, R step lift (1-2-3).

c and d) a and b in reverse.

FOLIÁS, SEGUIDILLAS, AND SALTONAS (continued)

a - d repeated continually. With the call "Cambio" (meaning "Change") *inside circle* there is occasional progression (when music changes key). The circle faces out and steps (part c) remain the same but must be extended to cover greater space. M travel opp LOD on the outside of the circle, W opp.



Transition: is on 21st meas at part d (dancers are facing outside of circle).

e) Step L with L ft, bring R together and 1/2 turn on L (and 1 and 2, pause).

Patterns; Seguidillas

Begin facing in dancing with W on left (as in folias).

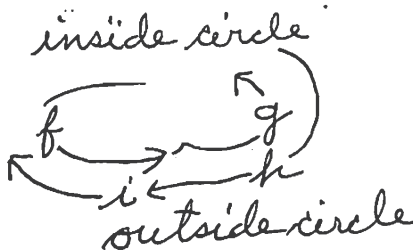
f) Toward R, step back R, L, then R fwd (1-2-3).
Turning CCW (1/2 turn to face out) step L, R, touch L (4-5-6).

g) Step back L, R (1/2 turn CCW to face in), L, R, point L, hold (1-2-3-4-5-6).

h) Reverse f.

i) In opp LOD M progress one place by walking fwd (outside of circle) R, L, R, L, point R, hold (W progress with a complete CW turn in LOD).

f-i) repeated continually (6 times; transition is on 7th beginning on 7th count).



Transition: M, facing outside of circle, turn following L shoulder, back L and R ft, step L (1-2-3).

FOLÍAS, SEGUIDILLAS, AND SALTONAS (continued)

Patterns: Saltonas

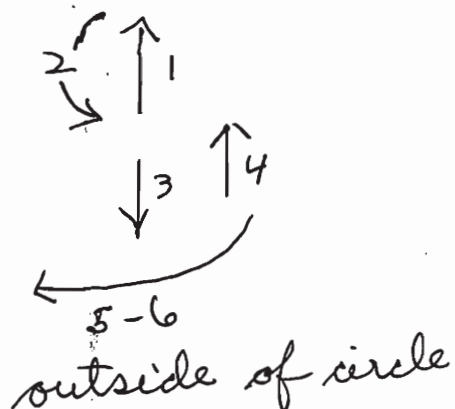
M begin facing W on left.

k) R step hop (1), step L (2) turning 1/2 way around, step R (3).

l) Hop on L ft (4), step R (5) turning 1/2 way around to progress in opp LOD, step L (6). (W progresses by CW turn in LOD, cts 5-6. Except for step-hops on cts 1 and 4, W use tiny 1-2-3 steps.)

k - l repeated continually. Dance ends with part k (M are facing LOD), hold, stamp, stamp (L, R).

inside of circle



Presented by Madelynne Greene